



The Blue Cabin (pictured here in dry dock) will host weavers in a year-long residency. **HENRI ROBIDEAU**

# BLUE CABIN TO HOST WEAVERS' RESIDENCIES

Artists will take turns living, working on the boat

**SHAWN CONNER**

A restored 1927 squatter's cabin on a floating concrete platform, the Blue Cabin is a Vancouver landmark, at least to some. Angela George knows it well.

"It was situated down at the waterfront near Cates Park, in our traditional territory here," said the Squamish/Tsleil-Waututh Nation activist/weaver. "I'm also a canoe paddler, and for many many years I paddled back and forth past that blue cabin. So it feels like it's coming full circle with this revitalization project."

Beginning with its official launch on Sunday, the Blue Cabin will be turned into a movable residency for artists. For the duration of its inaugural year-long program, Skeins: Weaving on the Foreshore, it will moor in False Creek near the Plaza of Nations. Weavers will take turns living and working on the boat. Besides George, the other weavers-in-residence are Vicki Couzens (Sept. 15 to Oct. 31), Janice George and Buddy Joseph (Feb. 15 to March 31, 2020), and Debra Sparrow (April 15 to May 31, 2020). Angela George's term runs Nov. 15 until Jan. 15 of next year. Each of the guest artists has a history of community involvement, reclamation, and activism.

"It's kind of open as to how we want to use the space," George said. "We will definitely be weaving."

The public will be able to take in classes, talks and exhibits.

Originally built in 1927 as a floating house in Coal Harbour, the Blue Cabin was relocated to North Vancouver for more than 80 years. Artists Al Neil and Carole Itter used the space as a studio from 1966 until their eviction in 2015, when a developer purchased the cabin's site next to Cates Park. When the structure was scheduled for demolition, grant gallery, Other Sights for Artists' Projects, and C3 led a campaign to save it. Last year, artist Germaine Koh and architect Marko Simcic added a small 500-square-foot deckhouse to the structure, which features off-the-grid water and power systems.

Skeins is meant to highlight the resurgence of weaving in Indigenous cultures. George herself didn't start weaving until seven years ago.

"I think I'm fulfilling a lifelong dream of my late mother," George said. "Her grandmother was the last weaver in our family. My mom went to residential school and never had opportunities to do any weaving. She had mentioned longing to learn to weave a few times, to reconnect our family lineage to weaving."

Much of the knowledge around weaving has been lost, however.

"Traditionally, what we know is that different styles of weaving and different fabrics, like the goat hair and the dog's hair and those types of elements, were used in weaving, depending on where the weaver was from. The same with



## PREVIEW

**Skeins: Weaving on the Foreshore**  
**When:** Sunday (launch)  
**Where:** Plaza of Nations Aquabus Stop in False Creek  
**Tickets:** free admission (tours every 15 minutes from 11:30 a.m.-5:30 p.m.)

the designs, colour and style. Nowadays it's more open and broad and people are weaving what they're inclined to weave, or what's requested."

Little is documented about motifs and types of patterns. "But I have heard stories from elders that you could look at what somebody's

Weaver Angela George will live and work on the Blue Cabin beginning in November.

wearing and know exactly where they came from."

George teaches weaving as well, and has found enthusiastic students in different communities across the province. "Sometimes I'm sitting in ceremony and I have my little loom and I'm weaving and some people that I've connected with over the years will sit by me just so they can learn. There's a lot of interest."

"And through the process of teaching, I'm learning a lot. When I sit at the loom, I feel like it's a door to the past as well as the future. And our hands are weaving together people and concepts and teaching and history."

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# Worst of the worst

Cheesecake Factory, Jimmy John's in U.S. among Xtreme Eating award 'winners'

**LAURA BREHAUT**

While some chain restaurants have made progress in offering more healthful options, this year's list of Xtreme Eating award winners shows there's no shortage of work to be done.

From an order of pancakes that's like eating nearly a dozen doughnuts to a milkshake that's nutritionally identical to slamming 15 Oreos blended with half a cup of animal fat, the "extreme" moniker seems like a gross understatement.

Since 2007, the non-profit Center for Science in the Public Interest (CSPI) has been compiling its annual list of the worst of the worst menu items in the U.S. Each of 2019's eight offending meals contains "1,500 to 2,300 calories and at least a day's worth of sugar, salt, or saturated fat."

Among the egregious entries is the Cheesecake Factory's Cinnamon Roll Pancakes. Why choose between a cinnamon bun and a stack of pancakes when you can have both? Eating a single order is equal to 11 Krispy Kreme Original Glazed Doughnuts. At 2,040 calories (a day's worth), it has nearly three days' worth of added sugar (an estimated 137 g), two and a half days' worth of saturated fat (51 g) and more than a day's worth of sodium (2,950 mg).

Sonic's Oreo Peanut Butter Master Shake — complete with whipped cream and a cherry on top — represents nearly a day's worth of calories (1,720), almost two and a half days' worth of saturated fat (48 g) and more than a day's worth of added sugar (an estimated 62 g). That's for a large, which is nearly a litre of shake.

The saltiest of the offenders is an oversized sub containing more than three days' worth of sodium (7,720 mg) and a day and a half's worth of saturated fat (29 g). Jimmy John's Giant Gargantuan



An order of the Cheesecake Factory's Cinnamon Roll Pancakes clocks in at 2,040 calories along with supersized doses of sugar and saturated fat. **CENTER FOR SCIENCE IN THE PUBLIC INTEREST**

is hefty (40 centimetres) with all the deftness of the indecisive: It's stuffed with an obscene array of luncheon meats — salami, capicola, turkey, roast beef and ham — as well as provolone cheese, onion, lettuce, tomato, mayo, and oil and vinegar. It's hard to imagine eating three Subway Cold Cut Combo foot-long subs in a sitting, but if you could, they would be its peer.

"Pancakes with syrup or cheeseburgers are never a health food, but it seems like the Cheesecake Factory, Chili's and other chains are trying to outdo each other to make them worse," Lindsay Moyer, CSPI senior nutritionist, says in a statement.

"Although the 2019 Xtreme Eating winners are nutritional nightmares, plenty of other dishes are as bad or worse. The good news is that all chains with 20 or more outlets are now required to list calories on menus and menu boards, and expanded nutrition information upon request."

**CANADA**

**PROVINCE OF QUEBEC**  
**DISTRICT OF MONTREAL**  
**No : 500-12-344040-195**

**SUPERIOR COURT**  
**(Family Division)**

**ERICA VIVIANA AMAYO**  
 Plaintiff  
**vs.**  
**ANTONIO DOMINGO TINEO TAVERAS**  
 Defendant

**NOTIFICATION BY PUBLIC NOTICE**  
**(Articles 136 and 137 C.P.C.)**

Notice is given to **ANTONIO DOMINGO TINEO TAVERAS** to appear at the Office of the Clerk of this Court located at 1 Notre-Dame Street East, room 1.120, within 30 days of the publication of this notice to take delivery of the originating application to institute proceedings. You must answer this application within the delay indicated in the notice of presentation annexed to the proceeding, or a judgment by default could be rendered against you, and you could be responsible for the legal fees.

The present notice is issued pursuant to a court order made on July 29<sup>th</sup>, 2019 by the Daniel Denis, g.a., of the Superior Court in the file number 500-12-344040-195

This notice will be published once, unless circumstances require otherwise.

**Montreal, this August 16<sup>th</sup>, 2019**  
  
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